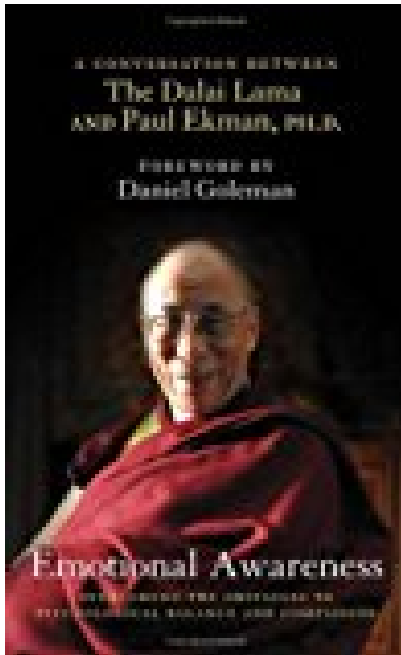


# Emotional Awareness Overcoming the Obstacles to Psychological Balance and Compassion

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## BOOK DETAILS

- Author : Dalai Lama
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## BOOK SYNOPSIS

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